

Message from the Conference Co - Chair

Dear friends and colleagues,

It is a great honor to welcome you to the 3rd International Conference on Food, Nutrition, Health and Lifestyle '19 (NutriCon2019) which will be held during November 7-8, 2019 in Bangkok, Thailand. The theme of this year's conference is "*Emerging Trends in Nutrition and Food Science*", which is intended to provide a platform for professionals around the world to exchange state-of-the-art research and development and identify research needs and opportunities in the field of Food and Nutrition.

I am greatly honoured to have been invited to represent University of Reading, UK, as chair and a keynote speaker at the NutriCon2019, and I would like to thank the organizers and hosts for their excellent support in advance of this conference. I greatly look forward to hearing esteemed colleagues' keynote speeches, also to learning more about the advances in the field of Nutritional and Food Sciences in South Asia and South East Asia, and in the other nations represented at the conference. I have enjoyed reviewing the abstracts and anticipate a varied and fascinating event.

The three key aims of NutriCon2019 conference are 1) to share scientific knowledge and experience in all areas applied to nutrition, food science, public health and related scientific fields, 2) to strengthen and expand the human network of all involved in this field of research in South/ South East Asia and 3) to provide opportunities for further professional development for fellows and students in this field.

NutriCon2019 will cover a wide range area of Food and Nutrition research which includes Nutrition & Health, Clinical Nutrition, Maternal Nutrition, Pediatric Nutrition, Geriatric Nutrition, Sports nutrition, Nutritional Epidemiology, Nutritional Therapy and Treatments, Nutrigenetics, Nutrigenomics, Epigenetics & Pharmacogenetics, Multi-omics approaches, Personalised nutrition & Personalised medicine, Diet and the Gut microbiome, Translational Aspects and the Future of Medicine, Functional Foods, Food Insecurity; Causes, Consequences and Remedies, Post-Harvest Losses and Remedies, Food Quality, Safety and Regulations, Food Biotechnology and Fermentation, Emerging Food Technologies and Concepts, Food Management Systems, Food Nanotechnology, Food Marketing and Economics; Novel Concepts and Challenges, Climate Change and Food Systems, Food Value Chains and their Sustainability, Food Processing, Promotion of Traditional Foods, Food borne diseases and remedies, Food Waste Management, Novel Food Packaging and Novel Food Marketing Strategies. Through these dynamic scientific and social events, you will have many opportunities to network and to form potential business collaborations with participants from all over the world.

Based on the huge success in the last two years, I am strongly confident that NutriCon2019 will be a great success and meet our expectations. In addition to the amazing conference, you will benefit from the wonderful experience in Bangkok, Thailand, locally called the "City of Angels" and known worldwide as the "Venice of Asia". With its dense network of waterways, with its colorful markets and perfumes, with its temples and pagodas that are opposed to a central fact of modern skyscrapers and futuristic flying trains, it is able to impress anyone. With his incessant street life made up of many small businesses, with its vibrant night life, with the discreet charm

of its people shaped by ancient traditions and the Buddhist philosophy, the city of Bangkok is able to leave an indelible memory in the traveler herself.

Thank you very much and I look forward to your active support and participation. Finally, I hope and trust that you will find the conference and your visit to the very beautiful and exciting city of Bangkok in November 2019 both valuable and enjoyable!

Sincerely Yours,

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